

THE EMOTIONAL INTELLIGENCE AND TEAM LEADERSHIP TOOLKIT

LEADERSHIP AND MANAGEMENT PORTFOLIO



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THE EMOTIONAL INTELLIGENCE AND TEAM LEADERSHIP TOOLKIT

COURSE OUTLINE

This two-week programme combines:

Emotional Intelligence: Enhancing Management and Leadership Impact [IoL approved]	05 days
Developing High Performing Teams	05 days

This comprehensive programme will take you on a journey of self-development to become a better manager able to empower teams to achieve a greater vision and purpose. Through a study of emotional intelligence (EQ), management styles and leadership qualities you will become more resilient, have better work relationships and make smarter and more authentic decisions for both yourself and your team.

In week one, delegates will work with a leading expert in the field of EQ to develop insights into what makes an emotionally intelligent leader and develop their skills to be able to use this to a positive effect in the workplace.

In week two, the focus will be on driving the development and output of a high performing team. Delegates will explore the core areas of management, team development strategies and the aspects of performance and change management that are necessary to enable your team members to perform their roles to the highest standard.

COURSE OBJECTIVES: On completion, you will be able to:

- Gain insight into your emotional intelligence
- Use IQ and EQ together to make more considered and smarter business decisions and build better relationships
- Understand what it takes to develop and sustain high performing teams
- Develop your skills and knowledge as a people manager
- Understand the organisational culture and climate required to stimulate consistent high performance
- Develop your team members' skills through skilful coaching

KEY TOPICS

- The power and importance of emotional intelligence in the modern workplace
- Empathy, listening skills and tuning in to the feelings of others
- Improving resilience and managing stress and the emotional aspects of change
- The recipe for successful team development: defining vision and roles, measuring success, overcoming challenges
- Building on strengths as a manager and working on weaknesses
- Key communication skills
- Successful management of any dysfunctional aspects of a team

DURATION	FEE	DATE	VENUE
10 days	£4,450	12 - 23 February 2024	Dubai
		12 - 23 August 2024	London

"ON DEMAND" COURSES



In addition to the scheduled dates shown, we are flexible to schedule additional dates to our calendar in a location of your choice. To ensure we can explore adding an additional date, do aim to contact us with your request with a minimum of 4 months' notice to allow the course to be advertised.

WE REWARD LOYALTY

We offer all our clients a '4+1' loyalty scheme. For every four delegates enrolled from an organisation in any calendar year, we will provide you with one additional place, free of charge.

"An excellent experience."

OSTERN PAZVAKAWAMBWA, Chief Executive Officer, Local Authorities Pension Fund, Zimbabwe.



FEATURED TRAINER

MARIA OLDER

Maria is a charismatic and solution-focused facilitator who designs and delivers innovative training that focuses on individuals' needs and their unique learning journey.

Through her extensive international experience, she has an in-depth appreciation of how to bring learning to life.

A highly inspirational leadership and development professional, Maria has over 30 years' experience of delivering pragmatic and practical training across North America, Canada, Europe, Africa and Asia. With a focus on the practical applications of training materials, her coaching style encourages delegates to drive and implement change at both the individual and organisational level.